

भारत सरकार
भारत मौसम विज्ञान विभाग
(पृथ्वी विज्ञान मंत्रालय)
मौसम केन्द्र
विकासभवन पीओ
तिरुवनंतपुरम - 695 033



GOVERNMENT OF INDIA
INDIA METEOROLOGICAL
DEPARTMENT
(Ministry of Earth Sciences)
METEOROLOGICAL CENTRE
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22.02.2024

MAXIMUM TEMPERATURE WARNING YELLOW WARNING

Maximum temperatures are very likely to be around 37°C in Kollam district and around 36 °C in Alappuzha, Kottayam, Thrissur, Palakkad & Kozhikode districts (2 to 3°C above normal) on 22.02.2024 & 23.02.2024.

Hot & Discomfort weather is very likely over these districts except in hilly areas on 22.02.2024 & 23.02.2024 due to High Temperature and humid air.

Impacts expected

Such weather is of health concern for vulnerable people e.g. infants, the elderly, people with chronic diseases, and people exposed to the sun for prolonged periods or doing heavy work.

Action suggested

1. *Avoid prolonged heat exposure.*
2. *Drink sufficient water- even if not thirsty to avoid dehydration.*
3. *Schedule strenuous jobs to cooler times of the day.*
4. *Increasing the frequency and length of rest breaks for outdoor activities.*
5. *Pregnant workers and workers with medical conditions should be given additional attention.*
6. *Caution workers to avoid direct sunlight from 11 AM – 3 PM*
7. *Keep the cattle indoors between 11 AM and 3 PM*

DUTY OFFICER
Meteorological Centre, Thiruvananthapuram